



#### **Address**

20911 Earl St., Ste 470, Torrance, CA 90503

#### **Email**

info@breatheclearinstitute.com

### Website

www.breatheclearinstitute.com

#### Contact

Phone: 310.372.0700 Text: 424.264.2508 Fax: 310.372.0774

# Ear Tubes

# **Post-Operative Information**

## WHAT TO EXPECT

Mild pain in the ear and neck are possible. Although usually not a painful procedure, acetaminophen (Tylenol) can be used for any postoperative discomfort.

### DRAINAGE AND EAR DROPS

Drainage from the ear is common for a few days after surgery. The discharge may be cloudy or even bloody. Place 4 drops of the prescribed ear drops in the ear canals 2 times a day for 7 days. If you are unsure about whether the drops have gotten into the ear, it is ok to place a few extra.

#### WATER PRECAUTIONS

No special precautions are required for surface swimming and bathing. Swimming below the surface requires ear plugs.

# **FOLLOW-UP**

You will be given a follow up visit during the surgery scheduling process

# **ACTIVITY**

You or your child may resume normal activity once the effects of anesthesia have worn off

For any questions, please contact us by phone, text or email.