

## POSTOPERATIVE INSTRUCTIONS: EAR TUBES

### What You Can Expect:

- Mild pain in the ear and neck are possible
- Drainage from the ear for 48 hours

### Helpful Hints:

- Surface swimming and bathing are ok with ear tubes unless thick, obvious drainage is present. Swimming below the surface requires ear plugs.
- Place 4 drops of Ciprodex in the ear canals 2 times a day for 5 days, then only use as needed (i.e. drainage from ear, ear discomfort, child pulling at ear or placing finger in ears). If you are unsure about whether the drops have gotten in the ear, it is ok to place a few extra.
- Tylenol may be used for discomfort.
- You may resume normal activity level one day after the procedure.
- PA follow-up appointment will be made for 2 weeks following the procedure. After that visit, an appointment 3 months later for a hearing and pressure test may be necessary.
- Feel free to call our office at 310.372.0700 with any questions. Calls after hours and on weekends may be handled by the on-call doctor.