



## ALLERGY TEST INSTRUCTIONS

Your appointment is confirmed for \_\_\_\_\_ at \_\_\_\_\_ and will last one hour. We look forward to your visit with Stacey who will be testing you for inhalant allergies. You will not see the doctor during this appointment. If you are taking a beta-blocker, or glaucoma drops, please call and make arrangements with Stacey right away

Certain medications will cause the test to be invalid, so please be sure to be off of the following medications. If, for health reasons, you cannot stop one or more of the medications on this list please talk to Stacey. For example, certain patients cannot stop their aspirin or steroids and these patients should let us know rather than stopping their meds.

5 days prior to your appointment:

No aspirin

4 days prior to your appointment:

No medications containing **antihistamines** such as: Actifed, Advil PM, Alavert, Alka Seltzer cold/pm/allergy, Allegra, Allerest, Atarax, Astelin, Benadryl, Claritin, Clarinex Comtrex, Dimetapp, Drixoral, Hismanal, Ny-Quil, Pedia Care night time/cough/cold, Patanase, Sinarest, Sudafed Plus, Tavist, Theraful, Triaminic, Vicks pediatric formula, Zicam, Zyrtec, Xyzal, Astelin, Astepro, azelastine. Several sleep medications and antidepressants contain antihistamine, please call Stacey if have questions.

2 days prior to appointment:

No NSAIDS such as Advil, Aspirin, Ibuprofen, Motrin

The day of your appointment, we kindly ask that you:

Bring the completed allergy questionnaire attached  
Wear a comfortable short-sleeved shirt for easy access to your arms  
Do not use tobacco, colognes, perfumes, scented lotions, or hairsprays  
Wait until after the allergy test to take any vitamins  
It is OK to take the nasal sprays Dr. Davis prescribed for you except for Patanase, Astelin, Astepro and azelastine.

If cancellation or rescheduling should be necessary, please notify us 48 hours in advance.

Signature of Patient/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_